

## Liability Waiver & Release

Participant Name: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

### Assumption of Risk

I understand that participation in the NoMI Flag Football League ("the League") involves physical activity and inherent risks, including but not limited to collisions, falls, sprains, strains, and other injuries that can occur during athletic play, practices, games, or related events. I voluntarily assume all risks associated with participation.

### Release of Liability

By signing below, I agree that NoMI Flag Football League, its owners, operators, directors, volunteers, agents, and staff, as well as NFL FLAG, its affiliates, and partner organizations, shall not be held liable for any injury, accident, illness, or loss whether physical, emotional, or property-related incurred by myself or my child while participating in any League activity.

This release applies to injuries arising from ordinary negligence but does not waive rights in cases of gross negligence or intentional misconduct as defined by applicable law.

### Medical Authorization

In the event of an injury or medical emergency, I authorize the League's staff or volunteers to secure medical care for the participant when reasonable attempts to contact a parent/guardian or coach have been made. I understand that any medical costs incurred are solely my responsibility.

### Photo & Video

To celebrate and promote our league, players, coaches, and officials may appear in photos or videos taken during practices, games, and events.

### Code of Conduct Acknowledgment

I agree to follow all rules, policies, and expectations set by NoMI Flag Football League and NFL FLAG. I understand that failure to adhere to conduct standards may result in removal from the program without refund.

### Agreement & Signature

By signing below, I confirm that I have read and understood this waiver, that I am voluntarily agreeing to its terms, and that I am legally authorized to sign on behalf of the participant (if signing for a minor).

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

League Representative (optional): \_\_\_\_\_ Date: \_\_\_\_\_